

Massage

Reiki 55 min £60

Reiki is a hands off or on palm healing therapy which uses energies to encourage emotional and physical wellbeing.

Aromatherapy Full 55 min £60 Body Massage

Aromatherapy Back, 25 min £30

Neck & Shoulder Massage

Aromatherapy is the use of essential oils to promote healing and a feeling of well-being and relaxation. Your therapist will help you select the most suitable oil blend.

Deep Tissue 55 min £60 Full Body Massage

Deep Tissue Back 25 min £30

Neck & Shoulder Massage

A traditional massage using firm pressure to ease and relax muscle tension.

Hot Stones Full Body Massage 55 min £70

Hot Stones Back, Neck 25 min £40 and Shoulder Massage

A deeply relaxing massage where smooth, heated stones are used to massage the body helping to ease tired and aching muscles.

Back Cleanse & Relax 55 min £60 The back is cleansed, exfoliated then treated to a massage to reduce tension using aromatherapy oils.

Finishing with a tone and moisturiser.

Full Body 30 min £35

Salt Scrub Exfoliation

Perfect pre-holiday treatment. The body is exfoliated from top to toe using an oil and salt scrub removing dead skin cells and leaving the skin silky soft.

Full Body, Face 85 min £80 and Scalp Massage

This signature treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and recharged.

Back Face and Scalp Massage 45 min £45 Targeting three key areas this massage helps melt away the daily stresses and tensions held deep within the muscles.



Wraps

Detox Body Wrap

This treatment starts with all over body brushing followed by exfoliation then the application of detoxifying body oil. You are then cocooned in a warm wrap to improve circulation and aid the elimination of toxins. A skin freshening facial and scalp massage complete the treatment.

Nourishing Body Wrap 60 min £65 All over body brushing followed by exfoliation and the application of hydrating body oil, cocooned in a warm wrap encouraging the absorption of the soothing nourishing oil. Relax your body and mind while you enjoy a freshening facial and scalp massage.



Purifying Facial 55 min £60 A deep cleansing skin purifying facial that targets problematic skin. Encouraging a more balanced clearer complexion.

De-sensitiser Facial 55 min £60 A comforting facial which will leave the skin calmed, nourished and comforted.

Each Algologie facial consists of a cleanse, exfoliation, massage including pressure points and lymph drainage, mask, scalp massage, tone and moisturise.

Hydrating Facial 55 min £60 A regenerating facial for dehydrated skin. This facial leaves the skin soft and smooth.

Radiance Anti-aging Facial 55 min £60 A revitalising facial treatment which will refresh tired skin leaving it noticeably brighter and more radiant.

Personalised Booster Facial 25 min £30 A personalised facial that includes cleanse, exfoliation, and a choice of massage or mask then finishing with a tone and moisturiser.



Hands and Feet

Luxury Manicure 55 min £35 This treatment consists of nail shaping, exfoliation, cuticle work, followed by a massage of the hands and forearms and finished off with a polish of your choice

Luxury Pedicure 55 min £45 This consists of a soak in the massaging pedicure chair with optional heat, cuticle work, exfoliation, mask massage and finished off with a polish of your choice.

Leg Foot Soother 25 min £30 Relieve and revive tired feet and legs with a foot scrub to soften skin followed by a foot and lower leg massage using a blend of essential oils to stimulate circulation along with either hot or cold stones to soothe and relieve.

File and Polish 25 min £20 Nails are shaped and finished with a polish of your choice (fingers or toes)



Treatments paid for at the Spa are subject to the above prices, if the treatments are paid for through the Hotel then they are subject to 20% VAT).

White Orchid Therapy