



White Orchid Therapies at the Empire Spa



Body Treatment Menu

(Treatments paid for at the Spa are subject to the below prices, if the treatments are paid for through the Hotel then they are subject to 20% VAT)

Massage

Reiki 55 min £60

Reiki is a hands off or on palm healing therapy which uses energies to encourage emotional and physical wellbeing.

Aromatherapy Full Body Massage 55 min £60

Aromatherapy Back, Neck & Shoulder Massage 25 min £30

Aromatherapy is the use of essential oils to promote healing and a feeling of well-being and relaxation. Your therapist will help you select the most suitable oil blend.

Deep Tissue Full Body Massage 55 min £60

Deep Tissue Back, Neck & Shoulder Massage 25 min £30

A traditional massage using firm pressure to ease and relax muscle tension.

Hot Stones Full Body Massage 55 min £70

Hot Stones Back, Neck and Shoulder Massage 25 min £40

A deeply relaxing massage where smooth, heated stones are used to massage the body helping to ease tired and aching muscles.

Back Cleanse & Relax 55 min £60

The back is cleansed, exfoliated then treated to a massage to reduce tension using aromatherapy oils. Finishing with a tone and moisturiser.

Full Body Salt Scrub Exfoliation 30 min £35

Perfect pre-holiday treatment. The body is exfoliated from top to toe using an oil and salt scrub removing dead skin cells and leaving the skin silky soft.

*To book an appointment please contact Jackie direct on 07539 394895 or
whiteorchidtherapies@yahoo.com*



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Full Body, Face and Scalp Massage

85 min £80

This signature treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and recharged.

Back, Face and Scalp Massage

45 min £45

Targeting three key areas this massage helps melt away the daily stresses and tensions held deep within the muscles.

Wraps

Detox Body Wrap

60 min £65

This treatment starts with all over body brushing followed by exfoliation then the application of detoxifying body oil. You are then cocooned in a warm wrap to improve circulation and aid the elimination of toxins. A skin freshening facial and scalp massage complete the treatment.

Nourishing Body Wrap

60 min £65

All over body brushing followed by exfoliation and the application of hydrating body oil, cocooned in a warm wrap encouraging the absorption of the soothing nourishing oil. Relax your body and mind while you enjoy a freshening facial and scalp massage.

Algologie Bespoke Facials

Each Algologie facial consists of a cleanse, exfoliation, massage including pressure points and lymph drainage, mask, scalp massage, tone and moisturise.

Purifying Facial

55 min £60

A deep cleansing skin purifying facial that targets problematic skin. Encouraging a more balanced clearer complexion.

De-sensitiser Facial

55 min £60

A comforting facial which will leave the skin calmed, nourished and comforted.

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Hydrating Facial

55 min £60

A regenerating facial for dehydrated skin. This facial leaves the skin soft and smooth.

Radiance Anti-aging Facial

55 min £60

A revitalising facial treatment which will refresh tired skin leaving it noticeably brighter and more radiant.

Personalised Booster Facial

25 min £30

A personalised facial that includes cleanse, exfoliation, and a choice of massage or mask then finishing with a tone and moisturiser.

Hands & Feet

Luxury Manicure

55 min £35

This treatment consists of nail shaping, exfoliation, cuticle work, followed by a massage of the hands and forearms and finished off with a polish of your choice

Luxury Pedicure

55 min £45

This consists of a soak in the massaging pedicure chair with optional heat, cuticle work, exfoliation, mask, massage and finished off with a polish of your choice.

Leg & Foot Soother

25 min £30

Relieve and revive tired feet and legs with a foot scrub to soften skin followed by a foot and lower leg massage using a blend of essential oils to stimulate circulation along with either hot or cold stones to soothe and relieve.

File and Polish

25 min £20

Nails are shaped and finished with a polish of your choice (fingers or toes)

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